

# How to Help Your Student Be Successful With Online/Distance Learning.

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## **\*Create a Special Place for Learning to Occur.**

- Use a desk, kitchen table, or other hard surface for the computer and school work to be placed.
  - It is best to use this same space every day to create consistency.
  - Make the learning environment at home as quiet as possible with no distractions, such as TV or Music. This will help students with their focus on what the teacher and other classmates are saying.
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## **\*Embrace Technology**

- Help students with login procedures, if necessary.
  - Allow students to choose their own “Zoom background” (although it should not be too distracting).
  - Use the time away from Zoom to view other educational sites that may be recommended by the teacher.
  - If needed, Google the term “Zoom Tutorials” and view how best to use Zoom, such as chat rooms, breakout rooms, mute and unmute, etc. By you learning the nuances of Zoom and Google Classroom, you can possibly ease the stress of your child by helping them out.
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## **\*Setup an Environment Conducive For Learning**

- Create a calendar with your child’s daily schedule.
  - Set up consistent times for going to bed and waking up. Keep it as close to the “normal” sleep patterns as if they were coming to school each day. (this will help when we actually are able to return to school)
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## **\*Provide Routines as Much as Possible**

- Have your child get dressed in the mornings just like if they were going to school. This helps set the routine for coming back to school in the future.
  - Set aside time during the day for exercise... walking, bike riding, stretching, running. This will help ease stress and also make up for any activities they would have done at school during recess, PE, etc.
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## **Final Thoughts**

- If you have questions about assignments or classroom activities, communicate early with your child’s teacher.
- When possible, set up “play dates” with your child’s peers. Students need social interaction with their friends.
- Make sure that your child stores their computer in a safe place and that it is charged and ready to go for the next day’s activities.
- Continue to practice good hygiene and safety measures. Wash hands frequently, disinfect computer keyboards after each use.

**Our Staff Will Do Their Best to Educate Your Children and Provide for Their Needs During This Distance Learning.**

